Imaging Patterns of Brain Development and their Relationship to Cognition

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We present a brain development index (BDI) that concisely summarizes complex imaging patterns of structural brain maturation along a single dimension using a machine learning methodology. The brain was found to follow a remarkably consistent developmental trajectory in a sample of 621 subjects of ages 8–22 participating in the Philadelphia Neurodevelopmental Cohort, reflected by a cross-validated correlation coefficient between chronologic age and the BDI of $r = 0.89$. Critically, deviations from this trajectory related to cognitive performance. Specifically, subjects whose BDI was higher than their chronological age displayed significantly superior cognitive processing speed compared with subjects whose BDI was lower than their actual age. These results indicate that the multiparametric imaging patterns summarized by the BDI can accurately delineate trajectories of brain development and identify individuals with cognitive precocity or delay.

Keywords: age prediction, brain development index, DTI, MRI, SVR

Introduction

Healthy human brain maturation is a complex process evolving during childhood, adolescence, and young adulthood. Brain development involves dynamic processes of progressive and regressive changes that occur simultaneously in these periods (Silk and Wood 2011). While MRI lacks the resolution to screen for gross abnormalities of development. While such common measures such as height, weight, and head circumference (Nellhaus 1968) have proven to be of indisputable clinical utility, they are relatively insensitive to neuropsychiatric disorders, which are now increasingly conceptualized as developmental brain diseases (Paus et al. 2008; Insel 2009). Though prior studies have outlined normative trajectories of growth for individual brain regions across the lifespan (Giedd et al. 1999; Gogtay et al. 2004; Sowell et al. 2004; Lenroot and Giedd 2006) have demonstrated that brain development is dynamic and spatially heterogeneous, with individual brain regions following temporally distinct maturational trajectories (Gogtay et al. 2004). In order to consider such complexity in an integrated fashion, recent studies (Dosenbach et al. 2010; Franke et al. 2010, 2012; Brown et al. 2012) have used multivariate machine-learning techniques to derive an amalgamated index of brain development. Specifically, $T_1$-weighted structural brain imaging can be used to predict an individual’s chronologic age with a high degree of accuracy (subjects aged 19–86 years, $r = 0.92$, mean absolute error [MAE] = 5) (Franke et al. 2010, 2012). Similarly, Dosenbach et al. (2010) found that the complex patterns of functional connectivity can predict a subject’s age during development, although with a somewhat lower degree of accuracy (subjects aged 7–30 years, $r^2 = 0.553$). Notably, however, only one prior study (Brown et al. 2012) has used more than one imaging modality to derive an integrated index of brain development, which successfully predicted the chronological age of subjects with very high accuracy (subjects aged 3–20, $r = 0.96$, MAE = 1.03).

This recent work has been valuable because it introduces the possibility of describing normative trajectories of brain development, akin to the growth charts used in pediatrics to screen for gross abnormalities of development. While such common measures such as height, weight, and head circumference (Nellhaus 1968) have proven to be of indisputable clinical utility, they are relatively insensitive to neuropsychiatric disorders, which are now increasingly conceptualized as developmental brain diseases (Paus et al. 2008; Insel 2009). Though prior studies have outlined normative trajectories of growth for individual brain regions across the lifespan (Giedd et al. 1999; Sowell et al. 2004; Ball et al. 2012), because of the multiplicity of brain regions and regional heterogeneity in developmental patterns, such data are difficult to integrate into clinical practice and are of limited clinical applicability considered in isolation. Conversely, techniques that distill multivariate patterns of brain development to a single dimension have the potential to be of practical utility.

While prior studies have demonstrated that multivariate patterns of brain images can accurately predict chronologic age, they have not examined whether deviations from this predicted...
trajectory of development are related to individual differences in cognition. Establishing such a relationship is a prerequisite for demonstrating the putative utility of the approach; as a subject's age is a ground truth that is easily ascertained, if brain imaging patterns could predict subject age but did not relate to measures of brain function, such a technique would be of academic interest only. In contrast, as previously noted (Bunge and Whitaker 2012; Franke et al. 2012), if the degree to which a subject's estimated “brain age” diverged from their chronologic age was related to either precocity or delay of cognitive development, it would suggest that brain imaging may be a useful biomarker for the early detection of subtle developmental abnormalities.

We hypothesized that multimodal, multivariable patterns of brain maturation would relate to individual differences in maturation and cognition. Specifically, a support vector regression (SVR) procedure was used to derive an integrated brain development index (BDI) from $T_1$ and DTI images of children, adolescents, and young adults studied as part of the Philadelphia Neurodevelopmental Cohort (PNC). We validated the sensitivity of this index to the well-established sex difference in maturation, which is earlier in females (De Bellis et al. 2001; Lenroot et al. 2007), by applying the male predictors to the female sample and vice versa. With this procedure we tested the prediction that male-based models will underestimate chronological age in females while female-based scores will overestimate chronological age in males. We then identified a precocious and a delayed group and tested the prediction that individuals with a BDI that was higher than their chronologic age would demonstrate relative precocity in cognitive performance, whereas those with a BDI that was lower than their chronologic age would demonstrate signs of relative cognitive delay. As described below, results supported our hypotheses, providing novel evidence that individual differences in complex patterns of brain development have an impact on cognitive functioning.

Materials and Methods

Participants

Subjects were drawn from the PNC, a collaboration between the Brain Behavior Laboratory at the University of Pennsylvania (Penn) and the Center for Applied Genomics at Children’s Hospital of Philadelphia (CHOP). Study procedures were reviewed and approved by the Institutional Review Boards of both Penn and CHOP. The population-based sample included youths who presented to the CHOP network for a pediatric visit and volunteered to participate in genomic studies of complex pediatric disorders (Gur et al. 2012). A subset of 1445 of these individuals received neuroimaging. The present results consider an interim subsample of the first 1078 subjects who participated in the study. Of these, 457 subjects were excluded for insufficient data quality ($n = 240$) or a history that suggested potential abnormalities of brain development ($n = 217$), such as history of medical problems that might affect brain function, a history of inpatient psychiatric hospitalization, or current use of psychotropic medication. The final sample included 621 subjects aged 8–22 years (351 female); mean age 15.08 years (3.27 standard deviation [SD]).

Computerized Neurocognitive Battery

As previously described (Gur et al. 2010–2012), the 1-h Penn Computerized Neurocognitive Battery (CNB) was administered to all participants, and consisted of 14 tests that evaluate a broad range of cognitive functions: abstraction and mental flexibility (ABF), attention (ATT), working memory (WM), verbal memory (VMEM), face memory (FMEM), spatial memory (SMEM), language reasoning (LAN), nonverbal reasoning (NVR), spatial processing (SPA), emotion identification (EMI), emotion differentiation (EMD), age differentiation (AGD), sensorimotor processing speed (SM), and motor speed (MOT). Except for the SM and MOT tests that only measure speed, each test provides measures of both accuracy and speed. For this developmental sample, instructions and vocabulary for verbal stimuli were simplified from the adult CNB. Cognitive assessment was completed during a separate session from neuroimaging; length of time between the 2 sessions averaged 3.4 months. As detailed in Gur et al. (2012) the assessment session was scheduled at home (68.8% of participants) or in the laboratory (31.2%), according to family and subject preference. During task administration, potential interference was minimized, standard instructions were read aloud in addition to appearing on the screen, and a professional testing environment was maintained. Tests were administered in a fixed order that was based on previous experience and designed to maintain participants’ engagement in the tasks and prevent fatigue. Breaks were offered approximately every 15 min. Raw accuracy and speed scores were normalized by age within the entire cohort of the PNC study ($n = 9138$). Specifically, accuracy and speed for each test were $z$-transformed based on the mean and SD of participants within a 1-year-age bin. As prior (Gur et al. 2012), for ease of presentation, higher $z$-scores always reflect better performance; $z$-scores where higher numbers reflected poorer performance (i.e., response time) were multiplied by $-1$.

MR Image Acquisition

Imaging data were acquired using a Siemens Tim Trio (Erlangen, Germany)-3T scanner equipped with 40 mT/m gradients and 200 mT/m/s slew-rates. RF transmission utilized a quadrature body-coil and reception used a 32-channel head coil optimized for parallel imaging. The $T_1$-weighted protocol utilized a 3D, inversion-recovery, magnetization-prepared rapid acquisition gradient echo (MPRAGE) with TI/TR/TE = 1100/1810/3.51 ms, flip angle = 9°, matrix = 256 × 192, FOV = 240 × 180 mm, slices = 160, and slice thickness = 1 mm. DTI images were acquired with a twice-refocused spin-echo single-shot EPI sequence and a custom 64-direction diffusion set, with $b$-values of 0 and 1000 s/mm$^2$. The $b = 0$ scan was repeated 6 times, each $b = 1000$ scan was acquired once at each direction, for a total of 70 repetitions. The acquisition parameters were TR/TE = 8100/82 ms, matrix = 128 × 128, FOV = 240 mm, slices = 70, slice thickness = 2 mm and GRAPPA factor = 3.

Image Processing

The $T_1$ images were first preprocessed using an in-house automated pipeline, which included removal of extra-cranial material (skull-stripping) and cerebellum, bias correction, and tissue segmentation into GM, WM, and cerebrospinal fluid. Lateral ventricles (VN) were segmented by transferring manually segmented ventricle masks from a standard template to the subject space using the publicly available DRAMMS deformable registration tool (Ou et al. 2011). The quality of the initial and processed images were verified using strictly defined quality control procedures involving both automated and manual QA at each step of processing; images ($n = 240$) that failed QA procedures at any stage were removed from the analysis.

Images were registered prior to group-level analysis to a template that was representative $T_1$ image of the sample. The automated selection ensured that the template had the maximum overall similarity to all images in the dataset, measured by calculating the correlation ratio between each image pair after linear alignment. Regional volumetric maps, RAVENS (regional analysis of volumes examined in normalized space) maps (Goldszal et al. 1998; Davatzikos et al. 2001), were generated using the DRAMMS deformable registration package (Ou et al. 2011) to enable comparative analysis of tissue volumes on the common template space. The RAVENS approach has been extensively validated and applied in various studies (Resnick et al. 2000; Beresford et al. 2006; Gur et al. 2006; Driscoll et al. 2009). In this investigation, GM, WM, and ventricular (VN) RAVENS maps were generated, each quantifying the amount of respective tissue present in each brain region. The RAVENS maps were normalized by individual intracranial volume to adjust for global differences in intracranial size, down-sampled to $2 \times 2 \times 2$ mm, and smoothed for
incorporation of neighborhood information using an 8-mm-diameter Gaussian filter.

Standard methods for calculating FA and ADC from the raw DTI images were used to derive voxel-wise maps (Le Bihan et al. 2001). FA and ADC maps from each subject were coregistered to the common template space by first aligning them linearly to the subject $T_1$ image and then applying the previously calculated deformation field from the subject $T_1$ image to the template $T_1$ image.

SVR

Imaging patterns of brain development were quantified using a SVR ($\varepsilon$-SVR) algorithm (Smola and Scholkopf 2004). SVR is a supervised learning technique based on the concept of support vector machines (SVM), but generalizes the categorical classification of SVM to predict continuous variables (e.g., age). SVM has many advantages that make it suitable for our high-dimensional pattern recognition problem, such as high generalization performance, as well as easy computation that allows dealing with the curse of dimensionality. In support vector classification, the best separating hyperplane between data samples from 2 different classes is found by maximizing the margin between these 2 classes. The decision function, that is, the classification hyperplane, is fully specified by only the data samples on the margin boundaries, which are called the support vectors. Analogously to SVM, in SVR a regression model that only depends only on a subset of the training data is computed, by ignoring the errors of any training data close to the model prediction within a margin determined by the threshold $\varepsilon$. Thus, one does not care about errors as long as they are less than $\varepsilon$, but will not accept any deviation larger than this (Smola and Scholkopf 2004). SVR attempts to minimize the training error within the $\varepsilon$ tolerance, as well as the complexity of the regressor, so as to achieve generalized performance.

BDI

We used the SVR algorithm implemented in LIBSVM (Chang and Lin 2011) to calculate the regression model used for estimating the BDI. As an input to SVR, each subject is represented by a feature vector obtained by concatenating the voxel values from various input image maps, that is, GM, WM, VN RAVENS maps and FA and ADC maps, after automatically masking out the background in each mask. Each feature is independently normalized by scaling the feature values between 0 and 1. In data normalization only training samples are used to calculate scaling parameters, which are also used for scaling the test samples. We did not apply a preliminary feature selection step, as the SVR method is both efficient and computationally feasible for regression problems using very high-dimensional feature vectors as input, but also because patterns of brain change during development are spread throughout the whole brain, and are not localized in specific regions, as is often the case with brain pathologies. The final feature vector, obtained by combining all image maps, contained 1 116 006 features. In order to ensure that derived models would generalize to new individuals, 10-fold cross validation was applied, by each time using 90% of the samples as training data for the regression model, and testing the model on the remaining 10% of the samples. This procedure provides an unbiased estimate of model predictive accuracy and prevents model over-fitting. As the feature dimension is significantly larger than the sample size, a linear kernel was used. The epsilon parameter was set to its default value, $\varepsilon = 0.01$.

Although initially all 5 image maps were used as input, the SVR procedure was repeated using each image type in isolation in order to compare their relative predictive capabilities. Additionally, sex-specific brain development indices were constructed by applying the above procedure separately on males and females. In order to evaluate each sex developmental trajectory relative to the other, the male-trained model was applied to females and vice versa.

Comparison to Cognitive Performance

Finally, we investigated the relationship between each subject’s estimated BDI and their cognitive performance. In order to evaluate whether divergent patterns of brain development were associated with cognitive performance, we examined the outliers of the model, that is, those subjects whose predicted age was significantly different from their chronological age. Outliers were identified as subjects who were beyond the 90% confidence interval (CI) band from a linear regression between BDI and chronological age. Outliers having a BDI higher than the prediction interval boundaries are referred to as advanced (advBDI), and those having a BDI lower than the prediction interval boundaries here are called delayed (delBDI). Finally, a group of subjects whose chronologic age was well predicted by their imaging data (normal, normBDI) was constructed by selecting subjects within a 30% prediction interval of the regression line. The cognitive performances of subjects in the 3 groups were compared using one-way ANOVA between the 3 groups for each cognitive test score for accuracy and speed. Multiple testing correction using false discovery rate (FDR) estimation is applied using the method described in Storey (2002) and adjusted $P$ values ($q$-values) are reported.

Results

Regional Volumetric Analysis

A global volumetric analysis indicates that age-related differences in volume of GM, WM, and VN were consistent with those reported in the literature (Gogtay et al. 2004; Lenroot and Giedd 2006; Toga et al. 2006): globally, the WM volume increases while the GM volume decreases, as a result of both progressive myelination and regressive pruning processes. Lateral ventricle volume increases linearly with age. Figure 1 shows the age-related differences in cortical GM volume from ages 8 to 22. We observe a consistent decrease in GM volume with age in the whole brain, with region specific patterns of maturation.

BDI

When all image maps were used in combination as input samples, a high estimation accuracy was obtained, with $r = 0.89$ correlation between the BDIIs and the chronological ages of subjects (10-fold cross-validated, as described in Materials and methods). The MAE between the estimated and true age was 1.22 years. The scatter plot of the BDIIs versus chronological ages of subjects is displayed in Figure 2.

The SVR regression hyperplane that best fits the training data is defined as a weighted combination of all features, where the weight vector, $\hat{w}$, indicates the relative contribution of each feature. Following the approach commonly used in functional MRI analysis using SVM (LaConte et al. 2005), in order to show the contribution of different brain regions in different image modalities we used a direct visualization of the SVR training weight vector. For this visualization we mapped $\hat{w}$ back to initial image domains of each input modality, overlaid each map on the $T_1$-weighted image of the common template, and showed high values of $\hat{w}$ both in positive and negative directions (Fig. 3). The masking of the weight maps is done using a single threshold value for all image modalities, which corresponds to the 90th percentile of the absolute value of $\hat{w}$.

When the method is applied using each image map independently as input, the prediction accuracy decreased. However the $r$ value was still high, particularly for the ADC ($r = 0.85$, MAE = 1.35), FA ($r = 0.83$, MAE = 1.41), and GM ($r = 0.81$, MAE = 1.52) maps. WM maps obtained a lower $r$ value ($r = 0.76$, MAE = 1.71), and the BDIIs obtained using VN maps had relatively much lower correlation with the chronological ages ($r = 0.43$, MAE = 2.71). These results indicate that while
single image maps can be used for an accurate estimation of the age, the combination of all maps achieves a higher accuracy in age prediction than the accuracy of each map independently.

We trained sex-specific brain development models, that is, a female model (MF) of age prediction trained using only the female subjects, and a male model (MM) trained using only the male subjects. BDIs of males and females have been calculated separately using images of male and female subjects, respectively, with leave 10% out cross-validation. The prediction accuracy for both sexes were comparable to the accuracy obtained using all subjects together ($r = 0.87$ and $\text{MAE} = 1.291$ for males trained on males, and $r = 0.88$ $\text{MAE} = 1.264$ for females trained on females).

The female and male models have been then applied for predicting the age of the subjects in the other sex. Figure 4 shows the scatter plots of the chronological ages versus BDIs for males and females using the sex-specific models. According to the MM, female subjects have a higher BDI compared with what the MM expected in the early ages, and a lower BDI in ages ranging from 16–21. According to the MF, male subjects have a lower BDI than the female subjects in the early ages, but they close the gap in later ages. To evaluate the significance of sex differences in BDIs obtained using gender-specific models we applied a multivariate regression, with the BDIs as the response variable and age and sex as predictor variables. We found that the BDIs obtained using the female SVR model had a significant group difference for sex ($P = 0.23 \times 10^{-8}$), while the difference was not significant for BDIs obtained using the male SVR model ($P = 0.053$). We also investigated how much of the observed differences could be explained by biological maturation, by including the Tanner stage of each subject into the model as a covariate. After accounting for the effect of biological maturation, the group difference for sex was still significant for BDIs obtained using the female SVR model ($P = 0.001$), while the BDIs from the male SVR model showed no significant sex differences $P = 0.091$.

**BDI Versus Cognitive Performance**
The subjects in the advance (advBDI), delayed (delBDI), and normally-developed (normBDI) groups were determined
based on their BDIs calculated using the model trained on all subjects and all image maps (Fig. 2). The number of subjects in each group, the sex and average age of these subjects are given in Table 1. To emphasize the differences between the 3 groups, we visualized the dynamic changes through age for subjects in each group, by creating average GM RAVENS within consecutive age intervals between age 8 and 22 (Fig. 5). We observed a maturational shift between the groups, such that all groups demonstrated similar patterns of maturation, but they occurred earlier in the $advBDI$ group and later in the $delBDI$ group.

We compared the cognitive performance of the subjects in the 3 groups, by applying a one-way ANOVA between groups for each test score. FDR corrected $P$ values ($q$ values) for accuracy and speed scores in each test are given in Table 2. Notably, we observed significant group differences in speed, the most significant effect being observed in motor speed (MOT) test. All 3 tests in memory domain had significant...
$q$ value for speed, while the $q$ values for tests in cognition domain were not significant. In accuracy scores, only the abstraction and mental flexibility (ABF) test in the executive domain had significant group differences. Figure 6 shows the average scores of subjects in each group for each test, normalized by the scores of the normal group for a better visualization of group differences.

In order to assess the possibility that these results were driven largely or entirely by the DTI variables we repeated the same analysis after grouping the subjects into the advanced, delayed, and normal groups based on the BDIs calculated using only the ADC, and ADC and TR together. In both cases the groups displayed differences consistent with the previous findings, with advanced group showing a higher performance in speed, however, the group differences were not significant after FDR correction (i.e., $q > 0.05$).

Discussion

The applied framework utilized advanced image analysis methodology to derive an index of brain maturation from structural MR images using $T_1$ and DTI protocols. A multivariate regression method using SVM was applied to map the very high-dimensional feature vector consisting of voxel values from $T_1$ and DTI processed images into an index of brain maturation. The developmental trajectory of the brain has been successfully captured by this model, as reflected by a cross-validated correlation coefficient between chronologic age and the BDI of $r = 0.89$.

Both tissue density maps for GM, WM, and VN derived from $T_1$-weighted images, and FA and ADC maps from DTI images were used in combination as imaging data. While the models using single image maps were also successful in predicting age, the highest accuracy was obtained by the combination of voxel-wise features from all image maps. These quantitative

Table 1

<table>
<thead>
<tr>
<th></th>
<th>N</th>
<th>Male</th>
<th>Female</th>
<th>Age</th>
<th>MAE</th>
</tr>
</thead>
<tbody>
<tr>
<td>advBDI</td>
<td>22</td>
<td>12</td>
<td>10</td>
<td>14.89 ± 2.10</td>
<td>2.61</td>
</tr>
<tr>
<td>delBDI</td>
<td>31</td>
<td>15</td>
<td>16</td>
<td>14.39 ± 4.00</td>
<td>2.78</td>
</tr>
<tr>
<td>normBDI</td>
<td>165</td>
<td>72</td>
<td>93</td>
<td>14.92 ± 3.25</td>
<td>0.63</td>
</tr>
</tbody>
</table>

Figure 5. Top views of average GM RAVENS Maps in different age groups for the advanced, delayed, and normal subjects. The color map represents lower RAVENS values (i.e., less GM) in blue and higher RAVENS values (i.e., more GM) in red. A consistent developmental pattern is observed for all groups similar to that shown in Figure 1. However a shift can be observed between the 3 groups, where the GM decrease happens earlier in the advanced group, and later in the delayed group, compared with normal group. The * has been used to show the correspondences, as an indicator of this developmental shift.

Table 2

<table>
<thead>
<tr>
<th>Domain</th>
<th>Executive</th>
<th>Memory</th>
<th>Cognition</th>
<th>Social cognition</th>
<th>Praxis speed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test</td>
<td>ABF</td>
<td>ATT</td>
<td>WM</td>
<td>VMEM</td>
<td>FMEM</td>
</tr>
<tr>
<td>$q$ Accuracy</td>
<td>0.229</td>
<td>0.145</td>
<td>0.133</td>
<td>0.347</td>
<td>0.146</td>
</tr>
<tr>
<td>$q$ Speed</td>
<td>0.227</td>
<td>0.020</td>
<td>0.083</td>
<td>0.008</td>
<td>0.005</td>
</tr>
</tbody>
</table>

Note: A one-way ANOVA is applied on each cognitive test to compare scores of the subjects in advBDI, delBDI, and normBDI groups. Multiple testing correction using FDR estimation is applied and adjusted $P$ values ($q$-values) are reported. Significant ($q < 0.05$) values are indicated in bold font.
results point to the contribution of complementary information from each of these different maps, but also to a certain redundancy in their information content. When the method was applied in each sex independently, a comparable accuracy was obtained, showing that the method successfully captured sex-specific patterns of brain maturation. Sex differences in applying the model learned from one sex on another support multiple studies suggesting earlier maturation in females (De Bellis et al. 2001; Lenroot et al. 2007). Specifically, as predicted, BDI scores based on males overestimated chronological age in females, especially in the younger age groups, while female-based BDI scores underestimated male chronological ages, again most noticeably in the younger age groups.

In order to show the contribution of different brain regions in different image modalities we used a direct visualization of the SVR training weight vector. We should note that, while being informative on the relative contribution of specific brain regions to the regression hyperplane, the w maps do not provide a measure that could be directly used to compare different image maps. As a future work, we plan to apply multi-kernel learning (Gonen and Alpaydin 2011), a recent technique that is used for combining high-dimensional data from different sources in a more structured way within the SVM framework, which will give us the possibility to compare the overall contribution of different image maps.

In adolescence, in parallel to structural brain changes, core cognitive processes continue to develop and mature. As noted by Paus (2005), quantitative morphometric features can be used as a “dependent” variable in studies of brain–behavior relationships. Recent findings have shown significant correlations between regional patterns of structural brain change and cognitive development (Gogtay et al. 2004; Sowell et al. 2004; Blakemore and Choudhury 2006; Shaw et al. 2006; Tamnes et al. 2010a, 2010b). Using longitudinal scans Shaw et al. (2006) demonstrated that intelligence scores are associated with the trajectory of cortical development in childhood and adolescence. Gogtay et al. (2004) reported accelerated maturation of frontal lobe during adolescence and related it to increased effectiveness of executive functions. Reviewing 37 neuroimaging studies, Jung and Haier (2007) reported a striking consensus on findings that relate individual differences in intelligence test scores to variations in brain structure and function. In light of these findings, we hypothesized that multimodal, multivariate patterns of brain maturation would relate to individual differences in cognition. Accordingly, we investigated the relationship between cognition, as measured by cognitive test performance in several domains, and the difference of the estimated BDI from the chronological age.

The neurocognitive effects indicate greater maturational effects on speed than accuracy, which is consistent with multiple studies on age-related changes in performance across the lifespan (Kail 2007; Coyle et al. 2011). A cross-sectional study of cognitive maturation in healthy subjects ages 8–30 (Luna et al. 2004) indicated maturation of processing speed through late childhood and into adolescence. Notably, the developmental increases in speed of information processing reflected a distinct process from the development of accuracy, which also matures albeit at a slower slope than speed (Gur et al. 2012) during adolescence. The improved speed of performance could be attributed to increased efficiency in neuronal organization and communication through myelination and pruning processes. The multivariate approach is well suited for better capturing such effects that span over brain regions.

Contrary to our expectations, both the advanced and delayed groups performed less accurately on the abstraction and mental flexibility domain, as well as on the complex cognition domains of language and nonverbal reasoning. It appears that advanced compared with delayed maturation effects are exclusive for speed of performance, whereas both can adversely affect performance on tasks that require more extensive cortical resources. The path to poorer accuracy could be different for the 2 groups. Precocious matures may over-apply speed that can hinder accuracy on tasks that require reflection and computation, while delayed matures may lack the cerebral resources
for accurate performance and are hence both slow and inaccurate. Future studies can examine regional correlations with performance to elucidate the issue.

The BDI could have important clinical utility. In the first place, it could be used for creating "brain growth charts" similar to those used by pediatricians to follow a child’s growth. By observing BDIs of a large number of healthy children over time, such tools could be used for following deviations or delays from normal brain development. Luna and Sweeney (2001) emphasized the need for neurobehavioral and neuroimaging studies characterizing normal development before examining at-risk or clinical populations, referring specifically to elucidation of dysmaturation processes in schizophrenia. It is noteworthy that Bachman et al. (2012) reported that adolescent-onset psychosis patients fail to show normal age-related increases in processing speed, which in turn predicts poorer functional outcomes.

In this paper we had a relatively limited but focused scope that basically aimed to investigate the relationship between the cognitive development and structural brain changes in maturation. The PNC data, with multimodal MRI images, large sample size and a well-designed cognitive battery, provided a very good opportunity to work on this problem. Importantly, a second potential clinical aim of our work would be to provide early biomarkers of pathologic deviations from the normal trajectory of brain development. A future direction of our research will be to focus specifically on subjects with prominent psychopathology, as diagnosed by clinical assessment, extending this study to other datasets. This would permit examining differences in brain development trajectories in specific disorders compared with a normative population, and provide a tool for early identification of neuropsychiatric pathology.

Establishing the PNC as a publicly available resource for the study of brain development was one of the principal aims of the initiative. Accordingly, all nonidentifying data acquired as part of the PNC will be made public and freely available to qualified investigators. Details on data sharing are available in the article that describes the study design (Satterthwaite et al. 2013).

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Notes
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